

Informed Consent

Patient Name: _____

Please read this entire document before signing it. It is important that you understand the information in this document.

California State Law requires Dr. Gerard to discuss your treatment plan with you before starting care. Please ask questions before you sign if there is anything that is unclear.

Analysis / Examination

As part of the analysis, and examination you are consenting to the following procedure(s):

Range of motion testing	palpation	vital signs	basic neurological testing
Orthopedic testing	muscle strength testing	postural analysis	
X-ray studies (if deemed necessary)	chiropractic testing		

Treatment(s)

As part of the treatment you are consenting to the following procedure(s)

Spinal manipulative therapy	Exercises	Nutritional Advice
Hot and cold therapies	Ultrasound	Electrical Stimulation
Myofascial Release	Massage	Spinal Decompression

The nature of the chiropractic adjustment:

The primary treatment I use as a Doctor of Chiropractic is spinal manipulative therapy. I will use that procedure to treat you. I may use my hands or a mechanical instrument upon your body in such a way as to move your joints. That may cause an audible "pop or click", much as you have experienced when you "crack" your knuckles. You may feel a sense of movement.

The material risks inherent in chiropractic adjustment.

As with any healthcare procedure, there are certain complications which may arise during chiropractic manipulation and therapy. These complications include but are not limited to: fractures, disc injuries, dislocations, muscle strain, spinal myelopathy, costovertebral strains and separations, and burns. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck leading to or contributing to serious complications including stroke. Some patients will feel some stiffness and soreness following the first few days of treatment. I will make every reasonable effort during the examination to screen for contraindications to care; however, if you have a condition that would otherwise not come to my attention, it is your responsibility to inform me.

The probability of those risks occurring.

Fractures are rare occurrences and generally result from some underlying weakness of the bone which I check for during the taking of your history and during examination and X-ray. Stroke has been the subject of tremendous disagreement. The incidences of stroke are exceedingly rare and are estimated to occur between one in one million and one in five million cervical adjustments. The other complications are also generally described as rare.

The availability and nature of other treatment options.

Other treatment options for your condition may include:

- Self-administered, over the counter analgesics and rest
- Medical care and prescription drugs such as anti-inflammatory, muscle relaxants and pain killers
- Hospitalization
- Surgery

If you choose to use one of the above "other treatments", you should be aware that there are risks and benefits of such options and you may wish to discuss these with your medical doctor.

The risks and dangers of no treatment

Remaining untreated may allow the formation of adhesions and reduce mobility which may set up a pain reaction further reducing mobility. Over time this process may complicate treatment making it more difficult and less effective the longer it is postponed.

DO NOT SIGN UNTIL YOU HAVE READ AND UNDERSTAND THE ABOVE AND DISCUSSED THIS WITH DR. GERARD

I have read _____ (initials) I have had read to me _____ (initials) the above explanation of the chiropractic adjustment and related treatment. I have discussed it with Dr. Gerard and have had my questions answered to my satisfaction. By signing below I state that I have weighed the risks involved in undergoing treatment and have decided that it is in my best interest to undergo the treatment recommended. Having been informed of the risks, I hereby give my consent to that treatment.

Dated: _____

Dated: _____

Patient's Name (print)

Dr. J.D. Gerard
